

CURRICULUM VITAE

NAME: Kamran Sattar

ADDRESS: King Saud University Housing,
Riyadh, Kingdom of Saudi Arabia
Mobile: +966-508042296
Office: +966-14699393
Email: drkamransattar@gmail.com

NATIONALITY: Pakistani

CURRENT POSITION: Curriculum Development Specialist

8/6/2018 to present Dept. of Medical Education,
College of Medicine,
King Saud University (KSU),
Riyadh, Saudi Arabia.

EDUCATION: **PhD (MedEd)**, in Progress
Universiti Sains Malaysia.

Master in Medical Education, 2017
University of Dundee, Scotland (UK).

MBBS, 1995
Liaquat University of Medical and Health Sciences, Pakistan.

ACADEMIC AWARD: Fellowship in Medical Education (FAoME), 2015
Academy of Medical Educators, (AoME), London (UK).

TEACHING: **Course Co-Chair, SKL-221**
2003- Present Professionalism,
Undergraduate Medical Students, KSU

TRAINING: Effective Communication Skills (2 days) 15-16 Oct 2018
(Selected) Breaking Bad News (2 days) 17-18 Oct 2018

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EXPERIENCE: UNDERGRADUATE

Dept. of Medical Education, College of Medicine, King Saud University, Riyadh, Saudi Arabia, Serving as;

8/6/2018 – Present **Curriculum Specialist**

8/6/2018-Present **Lead Person, 4th Year MBBS Examinations (MCQs-SAQs-OSCE)**

25/5/2003 - Present **Co-Chair Professionalism Block (MBBS),
Permanent Member Exam Committee (MBBS)**

POSTGRADUATE

Sept 2016- Present **Research Supervisor**

Undergraduate Medical Students, King Saud University.

Nov 2016 – Present **External Examiner & Evaluator**

Masters in Health Professions Education,
University of Health Sciences, Lahore, Pakistan.

FACULTY DEVELOPMENT PROGRAMS I DEVELOPED AND CONDUCTED:

- Guiding the novice researcher: An evidence-based twelve steps approach for a successful research path. Liaquat University of Medical & Health Sciences (LUMHS) Jamshororo, Pakistan, 16 December 2016.
- Assessment tools' suitability and compatibility" Dept. of OBGYCollege of Medicine, King Saud University. 12 August 2015.

CONTINUOUS PROFESSIONAL DEVELOPMENT: Attended (selected)

- Pre-Conference Workshop "Professionalism: How to develop surveys for peers and patients: John Norcini President & CEO FAIMER, USA, 2014
- Pre-Conference Workshop "Writing critically in medical education for assignments or publication of qualitative research," DR. Ian Willis, Academic Developer and Director of Studies, University of Liverpool, UK., 2014.

PROFESSIONAL MEMBERSHIPS

- Academy of Medical Educators, UK
- Saudi Society for Medical Education
- Pakistan Medical and Dental Council
- Saudi Commission for Health specialties

PROFESSIONAL COURSES

- Basic Life Support, Saudi Heart Association, 2016.

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COMMITTEES:

KSU-2003-present

- Exam Committee 2003-present
- OSCE Committee 2003-present
- Professionalism Course Planner Committee 2003 –present
- Professionalism Assessment Committee 2003-present

CURRICULUM DEVELOPMENT:

- Contributed with a particular focus on aligning the course learning outcomes with SaudiMed competencies. Successfully achieved in phase 1 with the pre-clinical year and targeting the clinical year course to be accomplished soon.

ASSESSMENT

- Planned, prepared, and started utilizing for Professionalism course the following:
 - Student-led seminars, with role-play as a formative assessment
 - MCQs and SAQs as a summative assessment.

MASTERS (MMedEd) THESIS

- Congruence and variance in the views of medical students and faculty about professionalism: a comparison of recommended sanctions for lapses in professionalism.

Research Grants:

King Saud University- Deanship of Scientific Research Grant- SR 70,000.00 (2020)

Univeristy Sains Malaysian-University Research Grant –RM 40,000.00 (2019)

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RESEARCH AND PUBLICATIONS:

1. **Kamran Sattar**, Durdana Siddiqui. Why does mentoring matter? Journal of Liaquat University of Medical and Health Sciences. Sep-Dec 2010;9(3):159-62.
2. Rajab Ali Khawaja, Riaz Qureshi, **Kamran Sattar**, Mohamad Yousif Akasha, Mohammed Ali Al Shafae. Physician operated medication refill clinics in a primary care setting: Patients views and satisfaction regarding the quality of service. 2011. Medical Channel, 17(1), 4-8
3. **Kamran Sattar**, Sue Roff. Comparison of recommended sanctions for lapses in professionalism of undergraduate medical students in a Saudi Arabian and a Scottish medical school. Medical Teacher 2016 Dec;38(12):1262-1266. doi: 10.1080/0142159X.2016.1230190. Epub 2016 Sep 15.
4. **Kamran Sattar**, Sue Roff, Sultan Ayoub Meo. Your Professionalism is not my Professionalism: Congruence and Variance in views of Medical Students and Faculty about Professionalism. BMC Medical Education; 11/8/2016, Vol. 16, p1-7, 7p, 5. doi 10.1186/s12909-016-0807-x
5. **Kamran Sattar**, Sue Roff, Sultan Ayoub Meo. Similarities and Variances in Perception of Professionalism among Saudi and Egyptian Medical Students. Pakistan Journal of Medical Sciences. Nov/Dec2016, Vol. 32 Issue 6, p1-6. 6p. doi:https://doi.org/10.12669/pjms.326.11319
6. Sultan Ayoub Meo, Abdul Latif Mahesar, Saeed Ahmed Sheikh, **Kamran Sattar**, Ishfaq A Bukhari. Research Productivity of Gulf Cooperation Council (GCC) Countries in Science and Social Sciences. Journal of the Pakistan Medical Association; Oct 2016, Vol. 66 Issue 10, p1307-1313.
7. **Kamran Sattar**, Tauseef Ahmad, Hamza Mohammad Abdulghani, Shakir Khan, Jenesse John, Sultan Ayoub Meo. Social networking in medical schools: medical students' viewpoint. Biomed Res- India 2016 Volume 27 Issue 4, p1378-1384. 7p.
8. **Kamran Sattar**, Sue Roff, Durdana Siddiqui, Sultan Ayoub Meo. Standing out with Professionalism: How do Students and Faculty of two different Medical Schools perceive it? Pak J Med Sci. 2017;33(5):1248-1253. doi.org/10.12669/pjms.335.13432

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9. **Kamran Sattar**, Hamza Mohammad Abdulghani, Sultan Ayoub Meo, Mona M Soliman, Tauseef Ahmad, Shaikh Mujeeb Ahmed, Jenesse John, Ali Saeed Alrawdhan. Shaping medical professionalism in pre-clinical medical students: students' perspective. Biomedical Research (2017) Volume 28, Issue 3. p1001-1005. 5p.
10. Mona M. Soliman, **Kamran Sattar**, Alnassar S, Alsaif F, Alswat K, Alghonaim M Alhaizan M and Alfraih N. Medical Students' Perception of the Learning Environment at King Saud University Medical College, Saudi Arabia, Using DREEM Inventory. Journal of Advances in Medical Education and Practice. 2017 Mar 17;8:221-227. doi: 10.2147/AMEP.S127318
11. Sultan Ayoub Meo, Mohammad Javed Ansari, **Kamran Sattar**, Chaudhary Habib Ullah, Waseem Hajjar, Saleh Alasiri. Honey and Diabetes Mellitus: Obstacles and Challenges - Road to be Repaired. Saudi Journal of Biological Sciences. 2017 Jul;24(5):1030-1033. doi: 10.1016/j.sjbs.2016.12.020
12. Sultan Ayoub Meo, Faryal Suraya, Badar Jamil, Fwziah Al Rouq, Anusha Sultan Meo, **Kamran Sattar**, Saleh Al Aseri. Association of ABO and Rh Blood Groups with Breast Cancer. Saudi Journal of Biological Sciences. February 2017. DOI: 10.1016/j.sjbs.2017.01.058
13. Hamza Mohammad Abdulghani, Mohammad Irshad, Shafiul Haque, Tauseef Ahmad, **Kamran Sattar**, Mahmoud Salah Khalil. Effectiveness of longitudinal faculty development programs on MCQs items writing skills: A follow-up study. PLoS One October 10, 2017. <https://doi.org/10.1371/journal.pone.0185895>
14. Shaffi Ahmed Shaik, Mohsin Alhazmi, Mohammad Irshad, **Kamran Sattar**, Hamza Mohammad Abdulghani. Who is Responsible? An insight into the Factors Influencing the Publication of Undergraduate Medical Students' Research Projects. International Journal of Medical Science and Public Health. 2017. doi: 10.5455/ijmsph.2017.0823411102017
15. **Kamran Sattar**, Tauseef Ahmad, Mahmoud Salah Khalil, Mona M. Soliman, Gominda G. Punnamperuma, Hamza Mohammad Abdulghani. 2016. Medical Students' perception of the Progress test as a quality-controlled assessment tool for improving learning and teaching. Journal of the Pakistan Medical Association; Feb 2017, Vol. 67 Issue 2, p300-304, 5p.

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16. **Kamran Sattar**, Hamza M.Abdulghani, Sultan Ayoub Meo. Principled Physicians Aren't Born-They're Mentored: Medical Students Perception of the Values and Need for Mentors. Journal of Pakistan Medical Association. 2017 Aug;67(8):1192-1197.
17. **Kamran Sattar**, Samreen Memon, Durdana Siddiqui, Shahzad Ali Mughal. Too early or too late adopting best evidence medical education: a positive change. Journal of Postgraduate Medical Institute 2017; 31(3): 221-3.
18. **Kamran Sattar.** Professionalism in research; whose responsibility is it anyway? European Journal of Medical Research 2017, 22(Suppl 1):S8
19. **Kamran Sattar**, Ahsan Sethi, Ashfaq Akram, Mashal Khan, Saadia Nawaz and Mohammad Irshad. Dental Professionalism: Perceptions of Undergraduate Students. Pakistan Orthodontic Journal.s 2018:10(2)91-97
20. Abdullah Fouda Neel, Leena Saad AlAhmari, Reema Aayed Alanazi, **Kamran Sattar**, Tauseef Ahmad, Elizabeth Feeley, Mahmoud Salah Khalil, Mona Soliman Medical students' perception of international health electives in the undergraduate medical curriculum at the College of Medicine, King Saud University. Advances in Medical Education and Practice. 2018; 9: 811–817. doi: 10.2147/AMEP.S173023
21. Mona M. Soliman, **Kamran Sattar.** Teaching, Learning and Assessing Professionalism: Lessons Learned and Future Directions. A Saudi Medical School Experience. European Journal of Basic and Clinical Medical Sciences (EJBCMS). 2018;1(1):43–48.
22. Ashfaq Akram, Farzana, **Kamran Sattar**, Sultan Ayoub Meo. An approach for developing integrated undergraduate medical curriculum. Pakistan Journal of Medical Sciences. 2018;34(4):804-810. doi: 10.12669/pjms.344.14565
23. **Kamran Sattar**, Ahsan Sethi, Ashfaq Akram, Tauseef Ahmad, Jenness John, Muhamad Saiful Bahri Yusoff. Flipped Classroom Teaching Modality - Key Concepts and Practice Endorsements. Education in Medicine Journal. 2019;11(1):1–10. <https://doi.org/10.21315/eimj2019.11.1.1>.
24. **Kamran Sattar.** Ten Questions to be Answered Before Incorporating PBL into Professionalism Course. Education in Medicine Journal. 2019;11(1):57–67. <https://doi.org/10.21315/eimj2019.11.1.8>.

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25. Ashfaq Akram, Ulfat Bashir, Shahina Yasmin, **Kamran Sattar**, Sultan Ayoub Meo, Integrated Undergraduate Dental Curriculum. 2019. Journal of Pakistan Medical Association. 2019; 69(09): 1330; 1335.
26. Sultan Ayoub Meo, Saeed Shaikh, **Kamran Sattar**, Ashfaq Akram. Prevalence of Type 2 Diabetes Mellitus among Men in Middle East: A Retrospective Study. American Journal of Men's Health, April 2019. Volume: 13(3)1-9. DOI: 10.1177/1557988319848577
27. Hamza Mohammad Abdulghani¹, Shafiul Haque, Tauseef Ahmad¹, Mohammad Irshad, **Kamran Sattar**, Mohammed Meteb Al-harbi, Nehal Khamis, A Critical Review of Obstetric and Gynecological Physical Examination Videos Available on YouTube: Content Analysis and User Engagement Evaluation. Medicine® July 2019 - Volume 98 - Issue 30 - p e16459. July 2019. doi: 10.1097/MD.00000000000016459
28. Sultan Ayoub Meo, **Kamran Sattar**, Chaudhary Habib Ullah, Saleh Alasiri, Adnan Mahmood Usmani. Progress and Prospects of Medical Education Research in Asian Countries. Pakistan Journal of Medical Sciences. 2019;35(6):1475-1481. doi: 10.12669/pjms.35.6.1147
29. Syed Rashid Habib, **Kamran Sattar**, Tauseef Ahmad, Rana M. Barakah, Abdulaziz M. Alshehri, Abdulelah Andejani, Abdulrahman A. Almansour. An insightful evaluation of Professionalism among Dentistry Students. The Saudi Dental Journal, January 2020. doi.org/10.1016/j.sdentj.2020.03.012
30. Tauseef Ahmad, **Kamran Sattar**, Ashfaq Akram. Medical Professionalism videos on YouTube: content exploration and appraisal of user engagement. Saudi Journal of Biological Sciences. April 2020. DOI: 10.1016/j.sjbs.2020.06.007
31. Sultan Ayoub Meo, Abdulelah Abukhalaf, Ali Alomar, **Kamran Sattar**, Anhar ullah, Anusha Meo , David Klonoff. COVID-19 Pandemic: Impact of Quarantine on Medical Students' Mental Wellbeing and Learning Behaviors. May 2020. Pakistan Journal of Medical Sciences. doi: <https://doi.org/10.12669/pjms.36.COVID19-S4.2809>
32. **Kamran Sattar**, Muhamad Saiful Bahri Yusoff. Professionalism through Entrustable Professional Activities: ABC of this Imperative and Inevitable Approach. Education in Medicine Journal. Sept 2020. <https://doi.org/10.21315/eimj2020.12.3.3>

33. Hamza Mohammad Abdulghani, **Kamran Sattar**, Tauseef Ahmad, Ashfaq Akram. Association of COVID-19 Pandemic with undergraduate Medical Students' Perceived Stress and Coping. Psychology Research and Behavior Management, October 2020 Volume 2020:13 Pages 871—881<https://doi.org/10.2147/PRBM.S276938>
34. Mohammad Al-Hatamleh, Ma'mon M. Hatmal, **Kamran Sattar**, Suhana Ahmad, Mohd Zulkifli Mustafa, Marcelo Bittencourt and Rohimah Mohamad. Antiviral and Immunomodulatory Effects of Phytochemicals from Honey against COVID-19: Potential Mechanisms of Action and Future Directions. Molecules 2020, 25(21), 5017; <https://doi.org/10.3390/molecules25215017>
35. Hamza Mohammad Abdulghani, **Kamran Sattar**, Tauseef Ahmad, Ashfaq Akram. Faculty development program assists the new faculty in constructing high-quality short answer questions; a quasi-experimental study. Accepted PLOS ONE, January 2021.
36. **Kamran Sattar**, Ashfaq Akram, Tauseef Ahmad, Ulfat Bashir. Professionalism Development of Undergraduate Medical Students; Effect of Time and Transition. Accepted, Medicine. October 2020.
37. **Kamran Sattar**, Tauseef Ahmad, Ashfaq Akram, Durdana Siddiqui, Shahzad Ali Mughal. Covid-19 videos on YouTube: Is it Truth, All Truth, Nothing but the Truth? Submitted, JLUMHS January 2021.
38. **Kamran Sattar** Ashfaq Akram, Tauseef Ahmad, Hamza Mohammad Abdulghani, Jenesse John, Muhamad Saiful Bahri Yusoff. Flipping the 'learning skills' course during COVID-19; a mixed-mode study. Submitted to EIMJ, December 2020.
39. Hamza Mohammad Abdulghani, **Kamran Sattar**, Tauseef Ahmad, Ashfaq Akram. Flipping the Classroom for Family Medicine Course: Inevitable for Students' Learning During COVID-19 Pandemic. Submitted to BMC Medical Education, October 2020.
40. Syed Rashid Habib, **Kamran Sattar**. Metabolic Syndrome and Occupational Stress: Are Dentists more prone? Submitted to Work ^(R) August 2020.
41. **Kamran Sattar**, Muhamad Saiful Bahri Yusoff. Wan Nor Arifin, Mohd Azhar Mohd Yasin, Mohd Zarawi Mat Nor. A Scoping Review on Frequently Highlighted and Most Important Attributes of Medical Professionalism in an Undergraduate Medical Education Context. Submitted to. Pakistan Journal of Medical Sciences, January 2021.

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KEY NOTE/PRESENTED

PAPERS:

1. **Speaker-Webinar-Scoping Review Writing-** Universiti Sains Malaysia-USM. 3 October, 2020.
2. **Keynote- Professionalism, and Integrity.** Internal Medicine Update Symposium, at Al-Rass General Hospital, Saudi Arabia. 12 -13 April 2017.
3. **Keynote- Professionalism in Research; Whose Responsibility is it Anyway?** 1st international Medical Research Conference, LUMHS, Pakistan, 17-18 December 2016.
4. **Keynote- Standing out with Professionalism.** International Conference on "Medical Professionalism in Challenging Times: Blending Local Values with Global Standards" at University of Health Sciences, Lahore, Pakistan, 27-29 October 2016.
5. **Your Professionalism is Not My Professionalism.** International Conference on "Medical Professionalism in Challenging Times: Blending Local Values with Global Standards" at University of Health Sciences (UHS) Lahore, Pakistan, 27-29 October 2016.
6. **Mapping Faculty and Student Recommended Sanctions for Professionalism Lapses to Dundee Polyprofessionalism Inventory I: Academic Integrity in a Saudi medical school.** Saudi International Medical Education Conference (SIMEC). Al-Faisal University, Riyadh, Saudi Arabia. April 8 to April 12, 2016.
7. **Why does Mentoring Matter?** Association for Excellence in Medical Education (AEME). University of Health Sciences (UHS), Lahore, Pakistan. 2013

UNDERGOING

RESEARCH:

- The effects of coping on medical professionalism
- Interdependency of student wellbeing and medical professionalism
- The roles of coping in students' wellbeing.

MEMBER EDITORIAL

TEAM :

- Education in Medicine Journal (Malaysia)
- European Journal of Basic and Clinical Medical Sciences (EJBCMS)

RESEARCH REVIEWER:

Medical Education, Biomedical Central Saudi Journal of Biological Sciences-Elsevier Saudi Medical Journal Annals of Saudi Medicine Medical Channel African Journal of Health Profession Education	Journal of Taibah University Medical Sciences Teaching and Learning in Medicine Pakistan Journal of Medical Sciences Medical Education Journal Canadian Medical Education Journal
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